Neurofeedback Resources

BOOKS


WEBSITES

About Neurofeedback
www.aboutneurofeedback.com

Looking to reduce medication? Perhaps you want to calm an emotionally dysregulated child – traumatized prior to arrival in your home? Maybe you want to calm yourself? Neurofeedback or EEG Biofeedback is training for the brain. In very simple terms, the brain wants to be in a state of synchronicity, a place in which it can regulate all aspects of the individual’s functioning effectively. Neurofeedback helps the brain attain the harmony it desires. This website explains neurofeedback — simply and thoroughly. AboutNeurofeedback.com tackles the most relevant questions about neurofeedback. It gives a realistic view of neurofeedback needed by parents and professionals.

International Society for Neurofeedback and Research (ISNR)
www.isnr.org

ISNR has as its mission the promotion of excellence in clinical practice, educational applications and research in applied neuroscience in order to better understand and enhance brain function. This website includes abundant abstracts for the research conducted about neurofeedback to date. ISNR also offers a description of neurofeedback, a data base of providers and information about their annual conference.